Dear Parents and Friends,

SCHOOL PRAYER

Our School Prayer is an important part of defining who we are as a Catholic school community, which is MacKillop Catholic Primary School. Our school prayer uses the example of Mary MacKillop as a model for our lives and for passing on these attributes and attitudes to our school community.

Our students are expected to know and live our school prayer. It is important that our whole school community follows the example set by our students in praying the MacKillop School Prayer which is unique to us. I thought it would be a good idea to publish this prayer for everyone to become familiar with it. We pray our school prayer each Monday and Friday at our School Assemblies.

Dear God,

We thank you for the example of Saint Mary of the Cross, MacKillop, who cared about each person, And who faced life’s problems with faith and courage. We ask your blessing for our families, our school, and ourselves.

We pray through you, Saint Mary of the Cross, For help in our lives and for your help in our needs. We make this prayer through Jesus, our Lord. Amen.
MESSAGES FROM THE PRINCIPAL:

WELCOME

We welcome two new families to MacKillop this week.
Welcome to the Strauss family - Brandon (5D) and Danilla Strauss (1P) and the Greatz family - William (3J) and Poppy Greatz (1P). We look forward to getting to know you.

PARENT INFORMATION SESSIONS

Each grade will be having a Parent Information Session in the next couple of weeks. This is an opportunity for parents to gain an understanding of the classroom routines and expectation of your child’s class. We aim to have the meetings be less than an hour. A staff member will be looking after your children in the library while you attend the meeting.

- Wednesday 3rd February - Year 1 - 3.15pm
- Wednesday 3rd February - Year 2 - 3.15pm
- Wednesday 3rd February - Year 6 - 4.00pm
- Thursday 4th February - Year 5 - 3.15pm
- Thursday 4th February - Year 3 - 3.45pm
- Wednesday 10th February - Prep - 3.15pm

MEDICAL ACTION PLANS

As a part of our new year request for information, we are asking parents and carers to provide the school with any relevant and up-to-date information relating to any medical conditions that your child may suffer from.

It is important that the information given to the school is accurate, is provided on the advice of a GP/doctor/paediatrician (Eg Medical Action Plans), and is up-to-date. The accuracy of this information helps guide any professional development and risk management strategies for staff. It also assists the development of medical alert identification posters and school-based action plans. Such medical conditions could relate to asthma, anaphylaxis allergies etc. If you have any questions relating to this please contact the school office.

STUDENT ACKNOWLEDGEMENTS

At various times throughout the year our students succeed at many extra-curricular activities, be it in the arts, sport or other groups. We are more than happy to place this acknowledgement in our newsletter and recognise at school assembly. Simply email the school with a brief overview of your child’s achievement or inform office staff and we will place it in an upcoming newsletter.

P AND F MEETING

Our first P&F Meeting for the year will be held next Monday night 8th February at 7.00pm in the Library. It would be great to see some new faces at the meeting. Children are welcome to attend.

P&F EXECUTIVE

In March we will hold our AGM for our P&F. At this time all positions - President, Vice-President, Secretary and Treasurer will become vacant. For our P&F to continue we need to fill these positions. If you would like to know any further information about any of the positions or to express your interest please let Allison know or a current member of the P&F Executive – Deb Allan, Melissa Durnford or Jackie Franklin.

CAR TAGS

Just a gentle reminder, parents we would really appreciate you using the yellow car tags that were sent home last year when picking your children up in the pick up zone. It is much easier for the teachers on duty to identify your car and speeds up the process of calling children. As you enter the school grounds you need to display the name tag either on the passenger side of the dashboard, the passenger window or on the passenger visor (attached with rubber bands and visor down). This allows us to read the name tag as the vehicles round the corner near the tuckshop.

We thank you for your support and assistance in helping us ensure that our pick up zone is safe for everyone. If you require more name tags please let the office staff know.

PLAYGROUND EQUIPMENT

It is a Workplace Health and Safety requirement that no children (including younger siblings) play on the forts outside the Year 2 classroom or in the Prep grounds before or after school. These areas are not supervised by a teacher at these times. Thank you for your support with this.

MOBILE PHONES

It is part of our School policy that students require written permission to have a mobile phone at school. Parents are asked to write a note to Mrs Blakey to inform her that your child will have a phone at school. All mobile phones are to be dropped into the office, named and switched off before school and picked up after school. NO MOBILE PHONES ARE TO BE KEPT IN STUDENT’S BAGS OR THEIR DESKS EVEN IF THEY ARE SWITCHED OFF. Phones cannot be accessed during school hours. The school accepts no responsibility for loss or damage to mobile phones which are not handed in. Thank you for your assistance with this matter.

OPENING SCHOOL MASS AND INDUCTION OF LEADERS

Our Opening School Mass and Induction of Leaders will take place this Friday at St Joseph’s Church at 9.30am. All are welcome to attend. Students are reminded to wear their formal uniform please.
JUST ONE THING

This year at MacKillop we are asking all families to assist with ‘at least one thing’ throughout the school year to provide opportunities for the students at our school and to help raise funds for the improvement/maintenance of facilities and resources to benefit our children and the entire school community.

We understand everyone has a busy schedule juggling work and family commitments; however, it would be greatly appreciated if every family would volunteer to assist with events/functions/tasks this year. If you have not already returned the form, please nominate your preferences for volunteering and return to the school office by Friday 12th February. If you need another form they are available from the office.

PARENTS ASSISTING AT SCHOOL

We have a large number of parents who assist in various ways at the school including reading in classrooms, tuckshop, gardening etc. As part of our WHS obligations, each parent/helper is required to undergo a brief induction at the beginning of each year and to sign in and out of the school grounds at the office. Thank you for your continued support and assistance. The students and staff truly do value and appreciate it.

BISHOP’S INSERVICE DAY

Each year staff from all Catholic Schools attend an Inservice Day as part of their professional development. This day will take place on Thursday 11th February. This will be a Pupil Free Day for students. We look forward to this opportunity to nourish our personal faith development on the topic ‘The Holy Year of Mercy’.

OSHC OPEN FOR BISHOP’S INSERVICE DAY

Due to Bishops In-service day, OSHC will be operating between 6:45am and 6:00pm on Thursday, 11 February 2016. If you require care for your child/children please contact Gaynor on 0417291439. You will need to make sure your children are enrolled.

MUSIC NEWS

Musicorp instrumental lessons have recommenced this week with Joshua Notting. There are still vacancies in our instrumental program. If you would like to enrol your child, please collect a Musicorp pamphlet from the office. Piano lessons with Kerry Harold have also recommenced.

TERM ONE CALENDAR

Attached to today’s newsletter is a Term One Calendar that outlines some dates of events and happenings for this term. You may like to stick this to your fridge or in a safe place to refer back to as required. Please remember to also check the ‘Coming Events’ section in the newsletter for other dates that may be added as the term progresses.

COMMUNICATION

Effective communication is important for any organisation. During the year, there may be times when you need some information clarified. From time to time your child might come home from school with a concern. If you have any questions or concerns please let your child’s teacher know. If it is a serious matter, please contact me. The staff and I have appreciated the level of support given to us relating to our Behaviour Management Policy and trust this will continue. Without parental support, the effectiveness of our discipline procedures would greatly be reduced. We must all work together to create a school environment that is safe, secure and attractive for the children in our care. Under no circumstance are you ever to approach another child to discuss an event. This can be viewed as intimidation and escalates the situation. Thank you for your continued support.

CLASS CO-ORDINATORS 2016

Thank you to the following parents who have volunteered to be class co-ordinators. We still have vacancies in a number of classes. If you wish to be your child’s classroom co-ordinator please contact the office staff or complete the RSVP slip further on in the newsletter.

<table>
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<td>Prep E</td>
<td>Vanessa O’Keeffe</td>
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<td>Year 1P</td>
<td>Paula La Gerche</td>
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<td>Year 2D</td>
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Tasks are as follows:
* Welcome new families to the school - this could be in person or a telephone call.

* Organise one social class/parent activity per term, eg family fun day, afternoon at the beach, picnic, mums/dads social evening, skating, bowling, movies etc

* advertise social activity to class either through a note or in the school newsletter

* Assist with organising your class stall for the fete

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THE HATHERO CLIPS

The HATHERO is a clip that can solve the issue of lost and misplaced hats simply by clipping school hats to school bags.

Designed and developed by two frustrated parents exasperated with ongoing hat issues of lost or misplaced hats with their own primary school aged children, we hope you too will find value in this simple solution.

AVAILABLE FROM THE SCHOOL OFFICE FOR $5.50.

DEVELOPING STUDY SKILLS

Find attached 5 ways to develop healthy, strong study skills that will serve your young person well this year and throughout their lives.

1. Establish a thorough homework process

Doing the homework is one thing, but there are many steps in the process before handing an assignment in. Encourage your young person to:

- Write down an assignment when it’s given orally
- Ask the teacher clarifying questions if he doesn’t understand anything
- Use a planner or some other organiser to plan his or her time
- Place his homework in a designated place as soon as it’s finished.

2. Establish a Study Zone at home

Choose a consistent study or homework space that’s conducive to working. Some young people need absolute quiet when doing homework, while others work better with soft music. Contrary to the opinions of many teens, studies consistently show that loud music and/or TV are highly distracting to students. Keep work and sleep spaces separate.

3. Establish a regular study time

The establishment of a consistent and specific time to do homework has been linked to academic success. Help your young person work out the best time for him or her to crack the books – before or after dinner, or both. Encourage your young person to take regular breaks to keep their brain alert. Every hour – or whenever she feels frustrated or angry – she should get up and walk around, get a snack and let her brain recover.

4. Establish a way to stay organised

Getting organised reduces stress levels and improves the chance of success. Consider a colour-coding system to keep assignments organised by selecting a single colour for each class (like science or history). Use that colour for that subject’s folder, highlighters, sticky notes, etc. The colours will not only keep your teen organised but will also enhance her or her recall of the subject.

5. Establish good time management skills

The best way to help your young person organise their time is to use a large wall calendar so they can jot down study, leisure, family and other activities. The visual nature of the wall calendar will enable you as a parent to help them stay on track as well.

Written by Michael Grose

Keep Smiling

A. J. Blakey

Principal
During our recent Student Free Days, MacKillop staff attended a Professional Development Workshop with Tasmanian Lead Educator and Author, Christine Topfer.

Christine believes that every classroom should be a ‘word conscious’ classroom; an environment where words are noticed, appreciated, savoured and celebrated. She firmly believes that students need to develop an awareness that words are the building blocks of language and that they can be examined and manipulated. As a result of this belief, Christine refers to spelling as ‘word study’ as it is about much more than the rote learning of words and weekly spelling tests.

Last year I shared some photos of MacKillop students engaging in spelling activities during their Daily 5 literacy rotations (word work component). These activities highlighted the way in which our creative teachers endeavour to use a variety of teaching strategies in order to engage our students in learning that is both fun and meaningful.

This year, as part of our whole school approach to spelling, students from Years 2-6 will engage with spelling homework in a slightly different way. The words selected for homework will reflect the words being studied throughout the week in class. Students will then be expected to use a variety of methods to further learn these words at home. Whilst this may include writing out their words with the popular ‘look, say, cover, write, check’ strategy, it may also include selecting a variety of other activities from a spelling grid or list of tasks provided by the classroom teacher.

Whilst spelling tests are a valuable tool for teachers to monitor student progress and for students to receive feedback, see growth and experience success; our broader goal for the children at MacKillop is for them to **retain** the correct spelling of words and **transfer** this knowledge into their written pieces.

Please take some time this week to have a closer look at your child’s homework requirements in the area of spelling. Further information will also be provided at the Parent-Teacher information sessions.

Have a great week!
**STUDENTS OF THE WEEK!**

**Week 1**

**Prep**  
Xavier Hapton  
**For persevering with your cutting skills. You tried your very best in Week 1. Well done!**

Kiara O’Keeffe  
**For an insightful response to why you love our Country Australia. Australia has beautiful colours. Blue oceans and green grass.**

**CN**  
**5D**  
**2**  
**5K**  
**4C**  
**2**  
**3J**  
**E**  
**Congratulations on being so fabulous in the first week of Prep! What an organised happy worker you are! Mrs E loves your attitude!!**

Nate Vlekken  
**Thank you for the beautiful job you have done starting prep!! You have been ready to listen all day!! Mrs E is very proud of you!!**

**1P**  
Tavis Abell  
**Wow! You have had a super start to the year. It has been great to see you trying your best on all of our activities and I love the way you are always ready to help others. I am so proud of you Tavis!**

Georgie Rentoul  
**What a great little learner you are becoming Georgie! You have been listening carefully and putting lots of time and effort into all of your work. Keep up the super effort!**

**2D**  
Pearl Lui  
**What an amazing counter you are! When we were using the 100 chart it was great to see you counting down in 10’s and using your counting strategies. Well done Pearl!**

Joe Dlask  
**I am so impressed with your focus and hard work already displayed in Year Two. You are trying your best to complete tasks and answer questions. What a wonderful start to year two. Well done Joe!**

**2S**  
Lani Graham  
**Well done Lani on an excellent start to Grade Two. You have taken great care to present your work beautifully this week. Congratulations!**

**3J**  
Addison Gauci  
**Welcome to MacKillop. 3J are so pleased to have you as part of the class. You have settled beautifully into the routine.**

Ryan Camilleri  
**For a fantastic effort with your diary writing of your Christmas holidays. I really enjoyed reading what your family did.**

**4C**  
Seth Bonnett  
**Congratulations on the terrific effort you have put into your work this week. I particularly liked reading what you wrote about your Dad and your baby sister. It was awesome!**

Destiny Rowlands  
**You have been a fantastic worker this week Destiny! I love your enthusiastic answers during class discussions, and your willingness to try new things. Super work!**

**4S**  
Jude Ackerman  
**For attending closely to all teacher instructions. It is very pleasing to see you being so organised and ready to commence set tasks. Well done Jude!**

Sky Neal  
**For the way you approach all class activities with such positivity and maturity. Your willingness to strive to be your very best is an admirable quality Sky.**

**5D**  
Vincent Bettinelli  
**Congratulations on a SUPER start to the school year Vincent. You are organised and ready to give your best.**

Jack Hughes  
**Jack has been an absolute delight this week. He has been attentive and organised as well as cheerful and friendly. A Super start to the year Jack.**

**5K**  
Eliese Franettovich  
**For the pride you are displaying with your appearance and book work. You are a star!**

---

**PE Award**  
**Joshua Field**  
**I was so proud of you during our PE lesson. You were listening carefully, following all the rules of our games and in return having lots of fun! Fantastic effort Josh!**

Ava Cunningham  
**You were dodging “Queen” during our Octopus game and ultimately became one of the winners! Well done, you were not only having fun but also using great tactics against the Jellyfish.**

**Media**  
Evie Ledwy  
**For your sensible attitude in our first Media Lesson. You listened carefully, put up your hand when you needed help and waited patiently. You’re off to a great start Evie!**

Matty Miller  
**For your super effort in our Media lesson. You participated well in our discussions – offering your thoughts and answering questions. Wonderful effort, Matty.**

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**Principal’s Award**  
**All MacKillop Students**  
**The way you have settled in so enthusiastically to Term One. Well done!**

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**BIRTHDAYS FOR WEEK 2**

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<tr>
<th>Feb</th>
<th>1</th>
<th>Marshall Hokins</th>
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<tr>
<td>1</td>
<td>1</td>
<td>Sonya Ledwy</td>
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<td>Mia Cundell</td>
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<td>Braidon Paton</td>
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<td>5</td>
<td>4</td>
<td>Archer Durnsford</td>
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<td>7</td>
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<td>Claire Patroni</td>
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**PUPIL FREE DAY !!!!**

**THURSDAY 11TH FEBRUARY**
Sports News:

CAPRICORNIA SWIMMING TRIALS

Nominations for the Mackay Capricornia swimming trials are due Monday February 8th. If your child is interested in trialling for the team you will need to see Mrs Newland before Monday to get an information note. You will also need to provide current swim times recorded at an official swim meet. These times must be from a 50m pool.

CUMBERLAND BASKETBALL TRIALS

The basketball trials will be held for boys on the 16th February and the girls on the 17th February at Andergrove State School. Students eligible to trial are those born 2006, 2005 and 2004. Students must have a high level of basketball skills to be able to trial. Please see Mrs Newland if you are interested in trialling to get a permission form.

MacKillop Sports Hall of Fame!

Congratulations to Letitia Talbot who competed at the Oztag 2016 State Cup on the Sunshine Coast over the weekend. The Under 11 girl’s team battled severe weather conditions, and made history by becoming the first Mackay Mustang team to make the Grand Finals and placing 2nd overall at the tournament.

What a fantastic effort Letitia!

If you are excelling in a Sport or Physical Activity outside school please let me know!!!!!!!! This is definitely worth celebrating!!

Christine Newland ☺
PE Teacher and Sports Co-ordinator

WANT TO PLAY HOCKEY !!!!!!

Welcome back to a new and exciting year. The start to the season is just around the corner so if you are returning to Hockey or looking for a new sport please let me know if you are interested.

The age groups are U7 mixed, U9 mixed, U11 boys/U11 girls, U13 boys/U13 girls.

U7 – aged 7 or under at 31st December 2016.
U9 – aged 8-9 at 31st December 2016.

This year every registered player will receive welcome packs from Hockey Qld as follows.

- Every single person who signs on to play hockey in the 2016 season will receive an HQ lanyard with a Sports Pass rewards card
- All junior 4-9 year old players will receive a coupon to collect a free hockey stick from Just Hockey (Mackay)
- All 10-18 year old players will receive a HQ drawstring bag
- All senior players will receive a HQ branded microfiber towel

All school hockey will be played on Saturday mornings at the hockey fields in Harney St/Bridge Rd.

Registration costs should be available soon.

Please see the site address below if you are interested in the Government’s Get Started Vouchers (funding to help young people participate).


Please contact Stacey Davidson for enquiries.
Ph: 0409982184
Email: troydav@bigpond.net.au

Medication for students

If your child requires any medication, this must be sent to the school office. (No medication is to be left in the student’s bag, desk or lunch box) Parents must also complete a “Medication Authorisation” form for that medication prior to the school administering it. All medication (INCLUDING PANADOL) must be in the original container and have the pharmacists label on it clearly stating the child’s name and dosage. This is a strict requirement under the Workplace Health and Safety Act.
**P & F News:**

**WELCOME BACK**
The P & F would like to give a warm welcome to all of the new families who have joined our community this year! Also a big welcome back to all previous families. Let’s make 2016 a fantastic year!

**WELCOME BACK BBQ – FRIDAY 5TH FEBRUARY**
All are invited to the Welcome Back BBQ, generously provided by the P & F Committee. This is a great evening to come along to and kick off the New Year. Please let one of the ladies in the office know if you are able to help out during the afternoon/evening. RSVP’s would be appreciated by Thursday morning (4th February). Drinks are available for $2.

**P & F MEETING**
Our next P & F Meeting will be held on Monday 8th February at 7pm in the Library. All are welcome and we would love to see some new faces. Feel free to bring your children as there will be quiet activities for them to enjoy. For those new to the school, if you have any suggestions for Agenda Items, please fill out a suggestion form available in the office and leave it in the red box.

**AGM**
The AGM will be coming up in March. We will be calling for nominations from those interested in filling the roles of President, Vice President, Treasurer and Secretary. Date to be advised but will be held in conjunction with the P & F Meeting next month.

If you have any suggestions for the P & F, please fill out a suggestion form available in the office and pop it into the red box. Alternatively you can email your suggestions to presidentmackillop@gmail.com. Remember to check out the Mackillop P & F page on the website where you can find our contact details and the latest meeting minutes. MacKillop Catholic Primary School.

Deb, Prue, Mel and Jackie

**DATE CLAIMERS**
Welcome BBQ – Friday 5th February 2016
P & F Meeting – Monday 8th February 2016
2016 Catholic Schools Masquerade Ball – Friday 22nd July 2016
Fete – Saturday 3rd September 2016

**Jubilee 150**
This year we celebrate 150 years of the Catholic Church in the Mackay and district. Bishop Michael McCarthy will lead us in the celebration of a Mass of Thanksgiving held on Sunday 22nd May at St Patrick’s Church at 11am. Following Mass you are invited to a picnic lunch (BYO) in the grounds of St Patrick’s College to continue the celebration. (Tea, coffee and cold drinks provided)

From Friday 20 May through to Sunday 22 May there will be a display in the St Patrick’s Hall, acknowledging the gift of the Church within our community. Parishes and organisations from across the region have been invited to contribute to this display which will be open to the public. More information will be communicated as the celebration draws near.
Second Hand Uniform Shop
Our second hand uniform shop is open Monday and Friday after morning assembly, in the spare year 7 classroom!

St Mary’s Primary School, Mackay

Tuckshop coordinator position

The tuckshop is a service that will provide healthy meals for students and needs to be financial self-sufficient. Professional knowledge and skills:

- to have completed a food handing course
- to have expertise in catering
- to have financial competence in small business
- to have excellent communication and people skills
- to comply with DCEO principles of employees

Please send resumes to:
St Mary’s Catholic Primary School
smm@rok.catholic.edu.au
PO Box 4124 South Mackay, 4740 (closing date 12-02-16)

Magpies Mackay AFC

Would you like to play AFL? Magpies Mackay AFC would like to invite you to be a member of our great club. Come and be part of one of the fastest growing sports in the Region. We are holding our start of season sign on day at Magpies Sporting Club (on AFL oval) on Sunday the 7th February 2016 (11am to 1pm). Come and enjoy a sausage and fun session. Enquiries - contact Noel on 0409588454 or email magpiesmackayafc@gmail.com

Dolphins Football Club Sign On Days

Sun 7th Feb 10am – 2pm @ Northern Beaches Bowls Club
Sun 14th Feb 9am – 1pm @ Sports Expo, MECC

Dolphins Football Club is inviting current and new players to join one of the fastest growing football clubs is Mackay.

Issue 1 Book Club order forms were handed to students today.
Closing date for Issue 1 is Monday 15th February.

Scholastic Book Club has 3 easy ways to pay:-
1. By Credit Card using the Loop.
   www.scholastic.com.au/LOOP When you order your items online there is no need to fill in the order form or send anything back to the school.
2. Cash – please place cash in an envelope or a zip lock bag with your child’s name and class on the front.
3. Cheque – If paying by cheque, please make sure they are payable to Scholastic Australia and attach it to your order form and place in an envelope or a zip lock bag with your child’s name and class on the front.

With every purchase from the Scholastic Book Club Catalogues our school receives 20% in Scholastic Rewards of all book club sales. We then can use the rewards to purchase books and resources throughout the year for all the students of MacKillop. I hope you all enjoy browsing through the new Scholastic Book Club Catalogue and thank you for your support.

Many thanks

Marie Schembri
Library Coordinator
MACKILLOP P&F ASSOCIATION

Invites all NEW and CURRENT families to the 2016 WELCOME BBQ

Come and welcome in the new school year
Meet your new teachers
Visit your classrooms
Make new friends
Catch up with old friends

When: Friday 5th February 2016
Where: MacKillop School Undercover Area
Time: 5.30pm

Steak Burgers and Sausage Sizzle provided
BYO Drinks (no alcohol please)
Softdrinks available to purchase
JUMPING CASTLE WILL BE PROVIDED

For catering purposes, please complete the reply form and return to the office by Monday 1st February.

2016 Welcome BBQ

Family Name:_____________________________________________________
Contact Phone Number:_____________________________________________
Number of adults attending:_________________________________________
Number of children attending:________________________________________
Number of steak burgers required:____________________________________
Number of sausages required:________________________________________
Gluten Free required: Yes No
UNIFORM SURVEY

It has been over 12 months now since we changed our uniform supplier to Uniform Solutions. I am interested in gathering your thoughts on our new supplier and would appreciate if you could take a few minutes to complete this survey? Thanks for your time.

Allison Blakey
Principal

1. Have you used Uniform Solutions to purchase uniforms?  Yes  No

2. Are you happy with quality of your uniforms?

_______________________________________________________________________________________
_______________________________________________________________________________________
_______________________________________________________________________________________
_______________________________________________________________________________________

3. Are you satisfied with service provided by Uniform Solutions?

_______________________________________________________________________________________
_______________________________________________________________________________________
_______________________________________________________________________________________
_______________________________________________________________________________________

4. Other comments:

_______________________________________________________________________________________
_______________________________________________________________________________________
_______________________________________________________________________________________
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Please return by Tuesday 9th February 2016.
**H20 + Healthy Snack Break** is a quick, five minute brain food break, midway through the morning session at MacKillop. A water bottle is very important, as water keeps students hydrated and aids with concentration. This program also aims to improve the eating habits of our children, especially their consumption of fruit, vegetables and water.

**Keep portion sizes small** – Your child should be able to consume the snack in less than 5 minutes. Large portions can be unappetizing and put unnecessary pressure on the child. For example, a small bunch of grapes or half a sliced apple, will give your child enough energy to concentrate and will avoid hunger.

Putting their snack break food into a reusable container takes only a few seconds, and will allow younger children to easily identify their snack break food and will allow them to open it themselves. If a spoon is needed, please make sure that you provide one.

The following foods are acceptable for 'H20 + Healthy Snack Break'

- **Fruit** – peel, slice, or cut up fruit if possible and choose seedless varieties of grapes, watermelon, oranges and mandarins. Kids love fresh fruit that is cut and ready to eat. Fruit salad is the ideal lunch box solution; it’s colourful, easy to eat and bursting with vitamins. Offer different seasonal fruits each day for a change in flavour, colour and texture.
- **Vegetables** – carrot sticks, celery sticks (*filled with creamed cheese*), capsicum, olives, cherry tomatoes, leftover roast potatoes etc
- **Dried fruit** – Sultanas, apricots, apples, dates etc
- **Cheese cubes** with rice crackers

(*all other foods are not permitted, during H20 + Healthy Snack Break*)

Please avoid sending nuts or food products that contain nuts. We discourage pre-packaged food for snack break as they often are difficult to open and we are encouraging fresh fruit and vegies as the best option.

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Our school photos will be taken on the **Tuesday 1st March 2016**.

For the convenience of our school community, school photos can be ordered and paid for online using a secure online platform.

The preference of our school is that orders and payments be made online.

To place your order visit [www.advancedlife.com.au](http://www.advancedlife.com.au) and enter the code- **Q9J CNM KNY**. This code can also be found printed on your flyer. Please be aware that-

1. Sibling/Family Photos can be ordered online. To ensure a smoothly run photo day, online orders for *Sibling/Family Photos will be cut off at 12.00 a.m. the night before our photo day* to allow a list of students that require Sibling/Family Photographs taken to be compiled.
2. All online orders should be placed on or before our day of photography.
3. The online code above may also be used to order sports and other group photos.

All orders placed online will be delivered to the school for collection.
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